Holle Baby Formula Instructions

Dosage chart
1 leveled scoop

<table>
<thead>
<tr>
<th>Amount of Water (ml)</th>
<th>Number of scoops (unpacked)</th>
<th>Total volume when prepared (ml)</th>
<th>Number of meals per day</th>
</tr>
</thead>
<tbody>
<tr>
<td>90 = (3 ounces)</td>
<td>3</td>
<td>100</td>
<td>6-7</td>
</tr>
<tr>
<td>120 = (4 ounces)</td>
<td>4</td>
<td>130</td>
<td>5-6</td>
</tr>
<tr>
<td>150 = (5 ounces)</td>
<td>5</td>
<td>165</td>
<td>5-6</td>
</tr>
</tbody>
</table>

Preparation with water sterilization:
1. Boil bottle, nipple and ring for 3-5 minutes before use
2. Boil the amount of water indicated on the dosage chart and let cool to around 50°C (122°F) Pour about half of the water into the bottle
3. Add level, unpacked scoop/s according to dosage charts to water in bottle. Take care to level off scoops with the flat back of a knife.
4. Shake well. Add the rest of the water and shake vigorously. Let cool to about 37°C (98.6°F) before feeding the baby.

Preparation without water sterilization (safe water source):
1. Warm up the amount of water indicated on the dosage to around 50°C (122°F) (microwave not recommend) Pour about half of the water into the bottle
3. Add level, unpacked scoop/s according to dosage charts to water in bottle. Take care to level off scoops with the flat back of a knife.
4. Shake well then add the rest of the water and shake vigorously. Let cool to about 37° (98.6°F) before feeding the baby.

Important Information:
* Carefully follow the preparation instructions
* Use only the scoop provided
* The doses indicated must be respected.
* Your baby's health depends on following the proper instructions
  * Avoid preparing bottles ahead of time, leftover formula should be discarded after 1h maximum if not refrigerated
  * To prevent dental decay, do not allow baby to continually suckle bottle
  * Do not use a microwave to heat Burns can result

Care instruction:
* Expiration date is indication on each packets
* Please keep away from heat and humidity
* After the packet is open, use in the next 2 weeks
* Storing formula in a glass or Stainless steel container is recommended

PLEASE CONTACT US FOR ANY QUESTIONS OR CONCERNS